

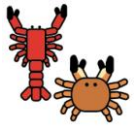
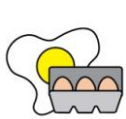

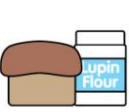










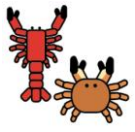













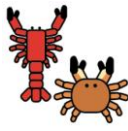
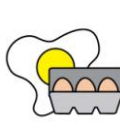






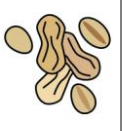

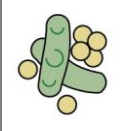



DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Autumn/Winter 2017

DISHES														
Main Menu Wk 1 Autumn 2017	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Sausage (gluten free)	✓	Used in factory		Used in factory			Used in factory					Used in factory	✓	✓
Vegetable sausage (Linda McCartney)		✓											✓	✓
Onion gravy (gluten free)													✓	
Mashed potatoes							✓							
Green beans														
Fresh fruit salad														
Cream							✓							
Baked potatoes														
Cheese							✓							
Tuna					✓									
Sandwiches	See	packet												

DISHES														
Main Menu Wk 1 Autumn 2017	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef meatloaf	Used in factory	✓		Used in factory	✓ (Worcester sauce)		Used in factory		✓			Used in factory	✓	✓
Tomato sauce														
Quorn meatloaf		✓		✓										
Rice														
Garlic bread		✓					✓						✓	
Peas														
Sweetcorn														
Treacle sponge		✓		✓			✓							
Custard							✓							

DISHES														
Main Menu Wk 1 Autumn 2017	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Breaded cod fillet		✓			✓									
Bean burger		✓												
Chips														
Baked beans														
Peas														
Vanilla choc chip muffin		✓		✓			✓						✓	
Gluten free fish fingers					✓									

Review date: 30th June 2017

Reviewed by: Paul Jefferys 30/6/17



You can find this template, including more information at www.food.gov.uk/allergy

This is designed to be a guide only. For more details about specific product contact the school.

Please note that fruit and vegetables that are not listed are free from the above allergens

All pre—packed sandwiches have allergy awareness on the packaging